

2021-2022 Annual Report Highlights

36,816 clinical appointments for **4,988** unique students including intakes, follow-up sessions, case management, academic support and triage.

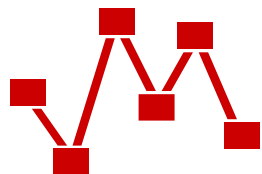
4,957 psychiatric appointments for **917** unique students
Of 917 unique students, 587 students were engaging in psychiatric treatment for the first time.

Restructured Triage System

With goals of reducing barriers to accessing services and reducing wait times for urgent intakes, a new triage system was implemented for the 2021-2022 academic year. Students received a new option to schedule triage appointments. 90 percent of students indicated that they preferred to schedule triage. Overall, there was a 49.6 percent increase in triage appointments compared to the previous academic year.



Top Student Concerns identified at intake



- Depression
- General anxiety
- Social anxiety
- Academic distress
- Eating concerns
- Family distress
- Frustration/anger
- Substance use
- Ongoing COVID-19 impact

Growth in Embedded Clinicians

The center continues to grow the embedded clinician program in an effort to provide high impact resources directly within the communities at need. Current programs include Campus Health, the College of Veterinary Medicine, Athletics, Institute for Advanced Analytics, a pilot program in the College of Agricultural and Life Sciences and collectively saw 974 students for 4646 appointments.

Workshops and Groups

In addition to individual counseling, the Counseling Center provides group services through psychoeducational workshops and group counseling.

222 workshops yielding **1,249** student contacts

519 group counseling sessions yielding **2,514** student contacts

