Spaces for International Students



International Tea Time

Meet peers, learn about other cultures, relax and support each other. Tea and light snacks will be served. No registration required. Just show up between 3 - 4:30 pm. See the OIS Calendar for the details.

Thursdays | 3 - 4:30 p.m. | Tower Multipurpose Room in Wolf Ridge Apartment (next to Pack Shop near Oval Dining on Centennial Campus. Enter from the exterior door that faces Hunt Library)

Let's Chat with a Counselor



Feeling stressed? Hard to sleep, hard to motivated, or worrying? A question about resources? Join a brief chat with a counselor in Zoom to get coping tips. No registration required. See the OIS Calendar for the details.

Tuesdays | 12 - 1 p.m. Zoom: go.ncsu.edu/space-international

INSPIRE Film

In this 5-minute film, your peers with international backgrounds share challenges they experienced, support they received, and messages to the Wolfpack community.

Watch here: go.ncsu.edu/inspirefilm